

Growing better

Right now, almost one billion people go to bed hungry. And extreme weather, rising oil and food prices, and failing crop production are pushing more people into hunger every month. At Oxfam, we're helping find better ways to grow, share and live – to build a future where everyone on the planet has enough to eat, always. I hope you'll join us.

Barry Coates, Executive Director



Preventing disease in Haiti

Oxfam is providing support to 1.2 million people in Haiti through our earthquake response and cholera prevention programmes. Public health promoters like Margarite Deneus, pictured below, are working with communities to increase hygiene awareness and protect people from cholera. "I came here to save lives; that's what Oxfam is doing here," says Margarite.

To find out more at www.oxfam.org.nz/emergencies



CHRIS HUFSTADER



AMANDA REELICK

What a weekend!

Few people can say they've walked 100km in 36 hours, but more than 1000 Oxfam Trailwalkers challenged themselves to do just that at Oxfam Trailwalker last April.

"This was an extreme challenge for us, but one with so many benefits for other people as well," said Team Friday from New Plymouth.

Next March, will you be able to say you've saved lives by walking 100km?

Oxfam Trailwalker, weekend of March 31, 2012 in Taupo. For all the latest news and entry information, join our mailing list at www.oxfamtrailwalker.org.nz

Donation hotline: 0800 400 666

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FRONT COVER: Oxfam is supporting farmers in Papua with training and tools so they can grow vegetables including cabbage, carrot and sweet potato. Farming families are now producing enough to sell at local markets and earn an income to pay for school fees and other essentials.

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OxfamUpdate

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**Growing better
Sharing better**





LARA MCKINLEY

Grow a better future

Papuans have been growing sweet potato for thousands of years. With the arrival of migrants from other parts of Indonesia, however, there has been a drift towards consuming white rice. Rice has been promoted as a more civilised food, but it is also a lot more expensive.

Oxfam and its partner, YAPUM, are supporting a revival of sweet potato growing by providing training, seeds and technical support to farmers to grow sweet potatoes and other vegetables.

Sarlosa Itlay is a farmer and a mother of four living in the Baliem Valley in Papua's Central Highlands, where the cool climate is perfect for growing sweet potato.

"Before doing this project my life was very difficult, especially after my husband died. It was hard providing for my family," says Sarlosa. "What really makes a difference now is working together as a team with other farmers. We really provide support for one another.

"Being part of this project with Oxfam, I feel I have a better life. I have confidence that the sweet potato crop will give me a better income."

You can help families in Papua grow a better future. Call 0800 400 666 or visit www.oxfam.org.nz/oxfam+me



JANE USSHER

Bold goal

The Oxfam1000 is off to a great start with a growing group of dedicated supporters stepping up to join this ambitious effort to reduce poverty. If you've been waiting for the right time to do something a little bolder, that time has arrived!

Find out more at www.oxfam.org.nz/oxfam1000



Fairtrade revolution

This year, 40,000 people took part in Oxfam's Biggest Coffee Break, spreading the message far and wide about the benefits that Fairtrade can bring. By choosing Fairtrade products at your local supermarket and cafe, you really can help growers in developing countries work their way to a better life for their families and communities.

Join the Fairtrade revolution. Visit www.oxfam.org.nz/fairtrade

A chance to escape

Saraswati was just 23 years old and the ideal victim for human traffickers. She was poor and she wanted to help her family. She fell victim to a criminal who tricked her by a false offer of employment. It led her into a dangerous and hopeless situation.

"I was given some sexy dresses and was ordered to meet someone – a male customer. That was when I first realised my fate," said Saraswati.

Every day she was strictly watched and had no chance to escape. She was powerless. Until one day the police raided the house and Saraswati was arrested.

Oxfam's partner in Indonesia, APIK NTB, provides legal help to victims of human trafficking and women who have suffered domestic violence or discrimination. APIK fought Saraswati's case and won. Saraswati's trafficker was sentenced to four years in prison. Without our support, many young girls like Saraswati would still be working in brothels or be imprisoned for prostitution. Instead, Saraswati has been returned to her family and given a chance to build a brighter future.

Thanks to everyone who supported our recent human trafficking appeal. You've made a world of difference to the lives of many families in Indonesia. To donate, please visit www.oxfam.org.nz/donate or call 0800 400 666.

Join us on Facebook



If you're on Facebook then connect with Oxfam and keep up to date with our latest events, news, photos, videos and ways to take action. It's also a great way to show that you believe we can build a fairer, safer more sustainable world – and spread the message of hope to your friends and family.

Join us at www.facebook.com/OxfamNZ



TOM GREENWOOD

Health in Bougainville

"In the villages of central Bougainville, many people have no access to basic services like water and sanitation," says Pauline Komolong, an Oxfam water engineer in Papua New Guinea. "Most people walk for hours every day to fetch water. And they don't have proper toilets. Many people just think it's normal to have diarrhoea."

According to the World Health Organization, nearly one in five child deaths – about 1.5 million each year – is due to diarrhoea. That's why Oxfam's WASH programme is such a core part of our work. WASH stands for Water, Sanitation and Hygiene education. Combining these three elements can help reduce the number of deaths caused by diarrhoea by 65 per cent.

Last year we expanded our WASH programme in PNG to the semi-autonomous province of Bougainville. By September this year, we'll have reached 10,000 people.

"Teaching hygiene education is one of the very first things we do with each community," says Wilson Monori, Oxfam's Community Facilitator in Bougainville (pictured above).

Wilson provides hygiene training sessions that explain where waterborne diseases come from and how they spread. He teaches the importance of using toilets, washing hands with soap, cleaning food and keeping it covered so that flies don't contaminate it.

"When you implement these projects and you go back to check on villages, you see the kids looking clean and healthy. It's good to know we're providing an essential part of something they need to sustain their lives," adds Wilson.

Thank you to everyone who has supported our Safe Water for Life Appeal. Because of you, more communities in Bougainville can now access the essentials of water, sanitation and hygiene education. Find out more at www.oxfam.org.nz/bougainville

Will power

If you have a will, we have the way. Bequests are special gifts from one generation to another. By including Oxfam New Zealand in your will, you'll be making sure that our work continues to help some of the world's poorest communities lift themselves out of poverty.

Talk in confidence with Lettie Bright on 0800 400 666 or visit www.oxfam.org.nz/bequests

Nuts about coconuts

Many young people in Tonga face an uncertain future with few jobs and limited opportunities for training and education. Oxfam and the Tonga National Youth Congress (TNYC) are helping to overcome these obstacles.

"We're helping young people start up and manage their own virgin coconut oil businesses, from harvesting and processing to selling and marketing. Communities are benefiting with new skills, a steady income and a product with huge potential, both in Tonga and abroad," says Vanessa Lolohea of TNYC.

Find out more at www.oxfam.org.nz/tonga



Food for life

Papua New Guinea has the worst level of malnutrition in children under five in the Pacific and more than half its population lives on less than \$3 a day.

Oxfam is working in the Southern Highlands of PNG, helping poor farming families improve their diets and develop sustainable incomes through nutritional gardens and raising small livestock such as goats, chickens, rabbits, and sheep.

"Seeing the impact on people's health is really inspiring," says Dennis Uba, Oxfam's Country Director in PNG.

You can help a family in PNG improve their health and their income with a gift to *Feed a family with a nutritional garden* from Oxfam Unwrapped. Visit www.oxfamunwrapped.org.nz





GROW. Food. Justice. Planet.

Join the campaign for a future where everyone has enough to eat, always.

Soon there'll be nine billion of us on the planet. But right now, almost one billion people go to bed hungry every night, and extreme weather, rising prices, and falling crop production are pushing millions more into hunger every single month. Together we need to find better ways to grow, share and live. We need to build a future where everyone on the planet always has enough to eat.

Why, in a world that produces more than enough food to feed everybody, do one in seven of us go hungry? Because of the deep injustice in the way the global food system works. Food and oil prices. Flat-lining yields. Climate change. Unfair trade. Failing markets. Inequality between men and women. Land grabs. All of these issues are connected. And

all of them are contributing to a global food system that is dominated by a few powerful governments and companies. A system that is failing the rest of us and destroying the natural resources we rely on.

We need a new way of thinking. We can grow more food more fairly and more sustainably. We can press governments to take urgent action to reform bad policies, to preserve scarce resources and share them fairly.

We can help small-scale farmers to grow more and grow better. More than 500 million small farms help to put food on the plates of two billion people – or one in three people on earth. And with effective government

support and a focus on sustainable techniques, productivity can soar. In Vietnam, for instance, the number of hungry people has halved in just 12 years – a transformation kick-started by government support for farmers.

Practical positive change starts with each one of us. We need to begin a conversation in our homes, communities and workplaces. We need the insight of all generations and all cultures to fix this big and complex problem.

GROW
FOOD. JUSTICE. PLANET.

Welcome to GROW. It starts here. Be a part of it. www.oxfam.org.nz/grow